

**GENERAL GUIDELINES AND INFORMATION:**

To limit the spread of COVID-19, King County Executive Dow Constantine and Health Officer Jeff Duchin announced a new Local Health Order that directed public health actions effective Monday, March 16.

- All gatherings with more than 50 participants **are prohibited until further notice**.
- All gatherings of 50 participants and below **are prohibited until further notice unless previously announced criteria for hygiene and social distancing are met. The criteria is below as specified by the Snohomish County Health District (extracted from <http://www.snohd.org/blog.aspx>):**

*Events and gatherings with fewer than 250 people are prohibited unless they meet and maintain **all** of the following:*

- *Attendees, customers and employees that are 60 or older, have underlying medical conditions, have compromised immune systems, or are pregnant have been encouraged not to attend or enter;*
- *Social distancing recommendations must be met. This means people are able to stay at least 6 feet from each other, aside from minimal and momentary contact at closer distances when absolutely necessary;*
  - *This includes where individuals are sitting and standing, with the exception of families and/or parents/caregivers with small children.*
  - *Along with the 6-foot distance, social distancing includes not shaking or holding hands; not sharing commonly used items like phones, keyboards or microphones; or other situations where hands are touching shared surfaces or objects without being sanitized between people.*
- *Employees are screened for coronavirus symptoms each day and excluded if symptomatic. Symptoms could include sore throat, cough or fever.*
  - *Employees should ensure they are fever-free and do not have symptoms like sore throat, cough or difficulty breathing before they leave home and report for work. While at work, if they develop fever (a temperature higher than 100 degrees F or subjective fever) or respiratory symptoms like a sore throat, cough, or difficulty breathing, they should immediately:*
    - *self-isolate (separate themselves from others)*
    - *notify their supervisor*
    - *go home and stay home until 7 days after symptom onset or 72 hours after symptoms resolve, whichever is longer*
    - *if symptoms persist or worsen, call their health care provider for further guidance.*
  - *Employers in health care settings should consider measuring employee temperatures and assessing symptoms prior to starting work. For others, relying on employee reports is acceptable in most settings.*
- *Proper hand hygiene and sanitation must be readily available to all attendees, customers and employees.*
- *Environmental [cleaning guidelines](#) from the Centers for Disease Control and Prevention (CDC) must be followed, including more cleaning and disinfecting of high-touch surfaces at least daily.*
- *Restaurants, bars, dance halls, clubs, theaters, health and fitness clubs, and other similar indoor social or recreational venues must cease operations until March 31, 2020.*
- *Restaurants and food service establishments may remain open only for drive-through, delivery, and pick-up only, until March 31, 2020.*
- *All other retail such as groceries, pharmacies, banks, gas stations, hardware stores, shopping centers, etc. may remain open provided they meet Public Health directives in the previous Local Health*

Order and align with the guidance for retail businesses and service operators to protect from the spread of COVID-19 which will be updated later today.

**Multiple Anti-stigma Resources:** <https://www.kingcounty.gov/depts/health/communicable-diseases/disease-control/novel-coronavirus/anti-stigma.aspx>

## **FINANCIAL SUPPORT**

**TIPS AND LINKS REGARDING UNEMPLOYMENT HELP, TROUBLE PAYING CREDIT CARDS, MORTGAGE, RENT, STUDENT LOANS, UTILITIES ETC:** <https://dfi.wa.gov/coronavirus-financial-resources>

**OTHER FINANCIAL ASSISTANCE RESOURCES HERE:**

[https://docs.google.com/document/u/0/d/14ubMMG0w4AbHFrngXHgXXpl5RhwpP\\_A1-vJ7jG\\_tXqg/mobilebasic](https://docs.google.com/document/u/0/d/14ubMMG0w4AbHFrngXHgXXpl5RhwpP_A1-vJ7jG_tXqg/mobilebasic)

### **SNOHOMISH COUNTY GRANTS – CORONAVIRUS RESPONSE FUND**

The Coronavirus Response Fund will provide flexible resources to organizations in our region working with communities who are disproportionately impacted by coronavirus and the economic consequences of this outbreak. The fund will be hosted by the Community Foundation of Snohomish County, and is designed to complement the work of public health officials and expand local capacity to address all aspects of the outbreak as efficiently as possible.

A total of \$250,000 has been donated by Premera Blue Cross, BECU, the Community Foundation of Snohomish County, and United Way of Snohomish County to launch the fund.

Community Foundation of Snohomish County will administer grants from the fund in consultation with partners: Snohomish County, Snohomish Health District and United Way of Snohomish County. Funds will be released on a rolling basis as fundraising continues throughout the outbreak and recovery phases of the crisis, making it possible to move resources quickly and adapt to evolving needs in subsequent funding phases.

More information: <https://www.cf-sc.org/coronavirus-response-fund/>

### **SEATTLE FOUNDATION - Financial Support for Nonprofit Organizations Impacted by COVID-19**

Hosted by [Seattle Foundation](#), the **COVID-19 Response Fund** will provide flexible resources to organizations in our region working with communities who are disproportionately impacted by coronavirus and the economic consequences of this outbreak. The Fund is designed to complement the work of public health officials and expand local capacity to address all aspects of the outbreak as efficiently as possible. To donate to the fund, go here: [seattlefoundation.org/communityimpact/civic-leadership/covid-19-response-fund](https://seattlefoundation.org/communityimpact/civic-leadership/covid-19-response-fund). To apply for funding, please email: [covid19@seattlefoundation.org](mailto:covid19@seattlefoundation.org).

### **U.S. SMALL BUSINESS ADMINISTRATION - Economic Injury Disaster Loan Program**

<https://www.sba.gov/page/guidance-businesses-employers-plan-respond-coronavirus-disease-2019-covid-19>

The federal Small Business Administration (SBA) may be able to provide assistance through the **Economic Injury Disaster Loans** program to businesses that have suffered substantial economic

injury in an eligible disaster area. Congress approved up to **\$7 billion** in low-interest disaster loans specifically to assist **small businesses impacted by COVID-19**. These loans can help small businesses **meet financial obligations** and cover **operating expenses**. Visit: <https://disasterloan.sba.gov/ela/Information/EIDLloans>

- Find more information on the SBA's Economic Injury Disaster Loans at: [SBA.gov/Disaster](https://www.sba.gov/disaster).

### **[STATE OF WASHINGTON COVID-19 resource list for impacted Washington businesses and workers \(https://www.governor.wa.gov/issues/issues/covid-19-resources\)](https://www.governor.wa.gov/issues/issues/covid-19-resources)**

The Governor's Office has compiled this partial list of resources to support economic retention and recovery related to COVID-19 coronavirus.

**For latest information, resources, and guidance related to COVID-19, please visit the [Washington State Department of Health website](https://www.wa.gov/health).**

#### **Financial assistance**

- The Washington State Department of Revenue (DOR) can work with impacted companies that request an extension on tax filing. The law grants the Department authority to extend the due date for excise tax returns. A business may request such an extension from the Department prior to the due date of the return, and, if granted, the business would be allowed to delay reporting and paying its tax liability. If a business needs an extension of more than 30 days, the law requires the Department to collect a deposit from the business. The amount of deposit required is based on the business' reporting history and how many reporting periods are covered under the extension [WAC 458-20-228 \(13\)](https://www.wa.gov/legislation/acts/2020-228-13). Contact DOR at 360.705.6705
- DOR may also waive penalties under limited circumstances if a business is late in paying its tax obligation. The law also grants the Department authority to provide a one-time, 24 month, late payment penalty waiver if the business has not owed a late payment penalty during the previous 24 months [WAC 458-20-228 \(9\)](https://www.wa.gov/legislation/acts/2020-228-9). Contact DOR at 360.705.6705.
- DOR may also work with businesses that cannot file or pay their taxes on time if they are impacted by a declared state of emergency. When a state of emergency or disaster has been officially declared, affected businesses that owe Washington taxes may qualify for:
  - A filing extension for excise tax returns (without the limitations described above); and/or
  - A late payment penalty waiver request (without the limitations described above)
- The state is working to compile a larger list of local bankers, financial associations, telecoms, utilities and major employers that may be able to provide relief, such as:
  - Deferred bills, waived fees, discounts, no-interest loans and other support.
  - Debt and late-penalty forgiveness for companies and workers in order to help keep people employed.
  - Favorable credit terms for firms that encounter cash flow problems.

#### **Export assistance**

- The Washington State Department of Commerce's Export Assistance Team division can help companies identify alternative markets and provide firms with STEP Vouchers to defray the costs of trade show or trade mission fees, airfare, interpreter and translation services, business matchmaking, export training programs and more. Visit: [www.commerce.wa.gov/promoting-washington-state/export-assistance](https://www.commerce.wa.gov/promoting-washington-state/export-assistance) or contact the Export Assistance team at 206.256.6100.
- The SBA's Export Working Capital Program can help small businesses obtain working capital advances from lenders on export orders, export receivables or letters of credit. SBA's Senior International Credit Officers can work directly with an impacted company to explain the program

and application process. Visit: <https://www.sba.gov/content/financing-your-small-business-exports-foreigninvestments-or-projects-0>

### Employer and worker assistance

- The Washington State Employment Security Department (ESD) can provide support in the form of unemployment benefits. For employers that want to keep from losing highly-trained employees, these unemployment benefits can be received through, or while covered by, Shared Work, Partial Unemployment and Standby (which allow certain workers to collect unemployment while remaining with their employers and not actively seeking other jobs).  
Visit: <https://esd.wa.gov/newsroom/covid-19>
- ESD's Paid Family and Medical Leave program can provide paid leave benefits for Washington workers who need to take time off from work due to a serious health condition or to care for a family member with a serious health condition. Certification by a healthcare provider is required for applications for Paid Family and Medical Leave due to a serious health condition.  
Visit: <https://paidleave.wa.gov/>
- If COVID-19 disrupts a Washington business and causes a mass layoff or closure, ESD and its local workforce development board partners can respond with Rapid Response services and funding to help impacted workers get connected to unemployment benefits and re-employment services, including re-training, worker support services, and referrals to other social services.  
Visit: <https://www.esd.wa.gov/newsroom/layoffassistance>

## HEALTH RESOURCES

-**Washington State Department of Health** <https://www.doh.wa.gov/Emergencies/Coronavirus>. Fact Sheets in different languages:

<https://www.doh.wa.gov/Emergencies/NovelCoronavirusOutbreak2020/FactSheet>

-**King County Public Health** <https://www.kingcounty.gov/depts/health/communicable-diseases/disease-control/novel-coronavirus.aspx>

### COVID-19 & Your Mental Health: A Comprehensive Guide — Peak Resilience

<https://peak-resilience.com/blog/2020/3/15/covid-19-amp-your-mental-health-a-comprehensive-resource-guide>

### Washington Health Plan Finder

Due to the COVID-19 outbreak, **Washington Health Plan Finder** is opening enrollment to qualified individuals until April 8, 2020. **Apple Health enrollment** is year-round.

### SNOHOMISH COUNTY HEALTH DISTRICT

-For local updates on the coronavirus, please visit the Snohomish County Health District website: <https://www.snohd.org/484/Novel-Coronavirus-2019> or follow their Facebook page:

<https://www.facebook.com/SnohomishHealth/>.

-Posters for download in English, Spanish and Russian- <https://www.snohd.org/501/Posters-for-Download>

### WHO TO CALL

If you have symptoms of illness, contact your medical provider. **Call ahead** before you go into a clinic or other health care facility.

If you have questions about medical care for yourself, a family member or someone else in your household, contact your medical provider directly.

- [Everett Clinic flu and coronavirus resources](#)
- [MultiCare free e-visits](#)
- [Skagit Regional Health free e-clinic visits for respiratory illness](#)

### **OTHER QUESTIONS?**

**Call: 1-800-525-0127**

**Then press #**

### **CENTERS FOR DISEASE CONTROL AND PREVENTION**

Factsheets in multiple languages:

<https://www.cdc.gov/coronavirus/2019-ncov/communication/factsheets.html>

Guidance for Community and Faith-Based Organizations:

<https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/index.html>

Guidance for Businesses:

<https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/businesses-employers.html>

### **SEATTLE AND KING COUNTY SCHOOL FOOD SITES, PUBLIC FOOD SITES, FOOD BANKS ETC.**

[https://www.google.com/maps/d/viewer?mid=109VRsPOghuVgfd9cPEZymtV9N51euA\\_-&ll=47.52415120000002%2C-122.27044490000003&z=10&fbclid=IwAR0OPqAw9fYXnHg8MB4t-xdCvV408SGH71v7zxBCNkgi17eUulgxn5\\_bVO](https://www.google.com/maps/d/viewer?mid=109VRsPOghuVgfd9cPEZymtV9N51euA_-&ll=47.52415120000002%2C-122.27044490000003&z=10&fbclid=IwAR0OPqAw9fYXnHg8MB4t-xdCvV408SGH71v7zxBCNkgi17eUulgxn5_bVO)

### **KING COUNTY PUBLIC HEALTH GUIDES FOR BUSINESSES AND SERVICE PROVIDERS**

- [Guidance for retail businesses and service operators](#)  
This guidance applies to retail businesses and service operators such as grocery stores; drug stores, movie theaters; restaurants, and other retail establishments. (Posted March 11, 2020)
- [Guidance documents for homeless service providers](#)  
Transmission of COVID-19 in the community could affect people experiencing homelessness in several ways including contributing to an increase in emergency shelter usage, or may lead to illness and absenteeism among homeless service provider staff. Learn how to prepare and respond if COVID-19 cases are identified.
- [Novel Coronavirus \(COVID-19\) Outreach Webinar](#)  
This webinar from March 6, 2020 is intended for outreach staff working with vulnerable communities and small businesses.
- **Planning for a Coronavirus Pandemic: A guide for businesses and organizations:**
  - [PDF version for web viewing](#)
  - [PDF version for printing](#)
- [Planning for Community Based Organizations](#) (PDF)
- [Recommendations to minimize the spread of Novel Coronavirus \(COVID-19\) in retail food establishments](#)

## **OTHER RESOURCES:**

### **ACCESS TO INTERNET**

Effective Monday, March 16, Comcast is offering 2 months free to new Internet Essentials customers in response to recent and anticipated emergency measures associated with the COVID-19 outbreak.

Visit [www.internetessentials.com](http://www.internetessentials.com) for more information.

### **Education Companies offering Free Subscriptions due to School Closures**

This is put together by different individuals and not a specific organization. Be sure to read the fine print carefully. [This resource lists education companies offering free subscriptions](#) due to school closures.