

ADULT CARE

Angel Care Adult Home

Maggie Rogojan, LPN
18420 40th Pl NE
206 361 5738
206 909 7547
magdarogo@msn.com
Licensed care for residents who cannot live alone. Long-term care in a family-like environment. 24-hour nursing services. Various levels of care and hospice care.

Nightingale

Connie Keith-Kerns
18433 47th Pl NE
206 367 8999
nightingalecare@gmail.com
eskimo.com/~conniekk
Non-medical caregiving, companionship, errands, appointments, organizing

ARCHITECT & DESIGN

Aspects

Jim Musar
15617 37th Ave NE
206 363 8805
aspectsinc@juno.com
Residential architect

Basis Design Group

Steve Flume
17237 Brookside Blvd NE
Lake Forest Park WA 98155
206 930 1048
seflume@aol.com
basisdesigngroup.com
General contractor specializing in finish carpentry, cabinet work, design

CNR Design

Craig Ross
16033 30th Ave NE
206 619 5752
cnrdesign@msn.com
Design and build single family detached homes

Donnie North Architect

Donnie North
4619 NE 194th St.
206 367 2264
donnienorthern@msn.com
Residential architect: Single and multi-family

Vicki Scuri Siteworks

Vicki Scuri
16218 39th Ave NE
206 361 5964
vickiscuri@mindspring.com
vickiscuri.com
Design

BOOKS

Bella's Books

Stephanie Cutler
3549 NE 182nd St
206 931 6169
stephanie@cutler.com
bellasbooks.com
Customized and personalized journals

Lake Forest Park Home-Based Business in 2008 - 2009

LIQUID CERAMIC INSULATION COATING

Capstone Mfg. LLC

Mike Lantz
18225 47th Pl Ne
206 363 5010
mlantz@nwlinc.com
tcceramic.com
Manufacture and sell TCCeramic-liquid ceramic insulation coating. Domestic and international sales

CLEANING SERVICES

Fast As I Can Cleaning

Tony Weeks
16767 39th Ave NE
206 321 7587
tcktweeks@comcast.net
Residential and commercial cleaning service

COMMERCIAL DRIVERS LICENSE

Pacific Enterprises

Dimitry Strugov
18057 28th Ave NE
206 271 0636
dimitrys@comcast.net
Commercial driver license classroom instruction.

COMPUTERS & WEBSITES

Bill The Computer Guy

Bill Henley
19322 53rd Ave NE
425 877 5363
bill-henley@comcast.net
Computer and network service for home and small businesses, hardware and software

Black Widow Web Development

Barbara Rader
16524 35th Ave NE
206 898 5403
rader@seanet.com
blackwidowweb.org
Web development for small businesses and individuals who want a web presence

Bulaworks Design & Technology

Michael Bellert
17171 Bothell Way NE
Ste A012A-307
206 279 3383
michael.bellert@bulaworks.com
bulaworks.com
Low-cost, high-quality websites. Easily maintained, with flexible page types, content management, and high-impact designs to choose from.

Forest Park Lab

Steven Houchin
4423 NE 187th Pl
206 769 2635
info-4@forestparklab.com
forestparklab.com
Software development services, technical and non-technical writing and editing

Lake Forest Park Computer Consulting

Maureen and Tom Heffernan
18265 47th Pl NE
206 366 8780
tom@LFPcc.net
LFPcc.com
Internet marketing and technology consulting

CONTRACTOR & HOME IMPROVEMENT

CJ Construction Services

Matt and Lisa Plancich
3746 NE 194th St
206 440 8148
mjplancich@cj-cs.com
cj-cs.com
General contractor — residential and commercial remodeling

Custom Waterworks

Steven Tibbetts
17822 Ballinger Way NE
206 406 0099
customwaterworks@comcast.net
Plumbing service, repair, remodel, install

Home Upgrades

Jeff Jaques
19735 41st Ave NE
206 406 3427
jeffjaques1947@yahoo.com
General handyman work

Swensen Carpentry

Jeff Swensen
16726 32nd Ave NE
206 679 6863
jeff_swensen@yahoo.com
General contractor — residential remodeling — kitchen, baths, restorations since 1989

Uncommon Eye Design & Construction

Robert Brandt
4755 NE 178th St
206 250 6818
rob@uncommoneye.com
Finish carpentry / custom design remodel & new construction; interior spaces and custom built-in cabinetry

EVALUATION OF PROGRAMS

Geo Education & Research

Bill Leon, Ph. D.
17027 37th Ave NE
206 364 6660
billleon@geoeducation.org
geoeducation.org
Measuring results of nonprofit, government, foundation and business program

FOOD

Chocolate Man

Bill Fredericks
16580 35th Ave NE
206 365 2025
orders@chocolateman.com
chocolateman.com
Bulk couverture chocolate and chocolate working tools and molds, candy making supplies

Svedala Bakery

Claves and Kristina Bavik
20216 41st Pl NE
206 890 9855
cbavik@svedalabakery.com
SvedalaBakery.com
Swedish bakery specializing in authentic all natural baked goods

GARDENS / PLANTS

C&G Plants

George and Cylvia Grantham
17046 26th NE
206 440 9266
cgplants@hotmail.com
Plants for sale at LFP Farmer's Market; houseplants, cacti, orchids and a variety of plants for the garden

Cottage Garden Designs / Victoria Gilleland Designs

Victoria Gilleland and
Doug Gochanour
18484 47th Pl NE
206 362 7850
vjgilleland@yahoo.com
Garden design

Verde Gardens

Michelle LeMoine
17744 28th Ave NE
206 363 7638
verdegardens@comcast.net
Landscape design, consultation, horticultural coach, and certified arborist

Wildrose Nursery

Doreen and Roger Rose
19221 37th Ave NE
206 365 5318
rndrose@comcast.net
Nursery specializing in Japanese maple trees since 1994

GLOBES AND GEOGRAPHIC CURRICULA DESIGN

Geo Education & Research

Bill Leon, Ph. D.
17027 37th Ave NE
206 364 6660
billleon@geoeducation.org
geoeducation.org
Inflatable globes with Earth's true image; Design of curricula for geographic and environmental education

GRAPHIC DESIGN

Greg Walters Design

Greg Walters
4086 NE 196th St
206 362 1310
waltersdesign@comcast.net
waltersdesign.com
Full service graphic design and advertising. Specializing in branding and corporate communications

Sancho Design

Sancho (Sang-Won Cho)
16735 30th Ave NE
206 361 0655
sancho@sanchodesign.com
SanchoDesign.com
I help you achieve your marketing goals through design. 30 years of award-winning design and consultation.

HEALTHY LIVING, WELLNESS & SPA

Arahat

Anita McHarg
3419 NE 190 St
206 367 3326
am3charg@comcast.net
thearcinstitute.com
ARC (A Return to Consciousness) is a form of healing that blends energy balancing, dialogue and creative journeying

BodyMindEnergetics Clinics

Reed Johnson, MA, LMP
Christine Chmielewski, Dipl.Ing, LMP
15832 34th Ave NE
206 361 4700
BMEnergetics@aol.com
Relaxation and medical treatment massage. Yoga, Chi Gong and meditation classes. All major health insurance accepted. Over 20 years experience

Fourfold Healing Sanctuary

Ashley Brothers, LMP
4908 NE 193rd St
206 550 6292
mageheart@comcast.net
fourfoldhealing sanctuary.com
Massage therapy, Cranio-sacral therapy, Reiki and Shamanic healing; soul retrieval, energy balancing and extraction, housel blessings

Heart in Harmony

Melody Lile Pryor
5413 NE 200th Pl
206 306 9715
aminamelody@gmail.com
heartinharmony.com
I help burned-out moms restore peace and balance within their own hearts. Spiritual ministry and healing services on family relationships

Jane Martin Enterprise

Jane Martin
16040 34th Ave NE
206 364 6443
206 799 2134
janemartin42@comcast.net
Sunrider distributor — whole food, chinese herbs, skin care, weight management, home care products, and spa

SeDona Day Spa

Victoria Williams
17822 Ballinger Way NE
206 406 0080
sedspa@comcast.net
Spa services for women only.
Facials, peels, microcurrent facial toning, waxing, lash & brow tinting, body treatments

Tank & Associates

Marcia and Ken Tank
3305 NE 182nd
206 364-2161
kenandmarciat@earthlink.net
Shaklee products; nutritional supplementation, household & personal care product lines

Studio Soleil

Christine James
17851 Ballinger Way NE
206 369 1880
christine@sonx.com
christinend.myarbonne.com
Beauty and wellness products

Therapeutic Massage

Katheleen Nielson
20200 37th Ave NE
206 365 2350
Licensed massage therapist (17 years) for health insurance companies and Labor & Industries. Therapeutic massage for injury treatment

INTERIOR DESIGN

Laurie Sneva Interiors

Laurie Sneva
4733 NE 193rd St
206 236 0466
lauriesneva@gmail.com
Residential, small business interior design

LETTERPRESS PRINTING

BDR Invites

Danielle Bellert
4970 NE 193rd St
1 888 292 6686 toll-free
danielle.bellert@bdrinvites.com
bdrinvites.com
Letterpress wedding invitations, letterpress baby announcements, custom invitations, wedding stationery, and more, all customized to fit your style.

MUSIC

Aviva Leonard

Aviva Leonard
17400 32nd Ave NE
206 361 0444
avivaleonard@gmail.com
Viola and violin teaching studio and performance

Hopfinger Piano Service

Frank Hopfinger
19723 53rd Ave NE
206 362 1058
Tuning and repairing pianos

PARTY SUPPLIES

Party Pails

Liz Carney-Maxey and Sarah Whaley
4907 NE 187th St
206 363 3517
lizzycm@comcast.net
Party Pails provides unique product for football tailgating fans; a self-contained ready to go bucket of items needed for a successful football prefunction

NAVAL ARCHITECTURE

Hockema & Whalen Associates

Julie and Hal Hockema
19502 34th Ave NE
206 365 0919
juliehockema@comcast.net
Naval architecture and marine design and consulting. Design and consulting for commercial vessels (fishing, tugs, barges, dredgers)

PHOTOGRAPHY

Skuja Photo

Audris Skuja
16045 30th Ave NE
206 362 3925
audris@msn.com
photographerseattle.com
Freelance photographer, graphics designer

Therese Frare Photography

Therese Frare
19421 46th Ave NE
206 440 0223
therese@theresefrarephotography.com
theresefrarephotography.com
roomswithaviewphotography.com
fraredavis.com
Architectural, Corporate, Wedding photography

Thompson Photography

Esther and William Thompson
17015 32nd Ave NE
206 363 4264
williamthompson@msn.com
thompsonphotography.net
Nature and outdoors photography, specializing in the western states and western Europe

PROMOTIONS

The GoodWorks T-Shirt & Novelties

James Hines
3605 NE 155th St
206 446-0606
thegoodworks@yahoo.com
A full service T-Shirt, apparel & novelty

Unique Promotional Products

Lee Ann Kelly & Russell Greaby
19107 30th Ave NE
206 364 2696
uniquepp@comcast.net
Promotional products supplier and custom T-shirt printer

REAL ESTATE/ HOUSE STAGING

Bungay Appraisal

Richard Bungay
PO Box 55062
Shoreline WA 98155
206 368 7337
rdbungay@comcast.net
Residential appraisals of real estate

Gracious Transformations Home Staging

Cynthia Seager, MA, ASP
16054 32nd Ave NE
206 484 9178
gracioustransformations@comcast.net
Providing a range of home staging and staging consultation services

Mr.99 & Associates Commercial Real Estate

Marty Road
15562 Lakeshore Blvd NE
206 713 1304
mr99@mr99.com
mr99.com
Commercial real estate brokerage, tenants-in-common investments and 1031 exchanges, MAI appraisals

TRAVEL

Gourmet Travel

Beverly Gruber
5053 NE 178th St
206 363 1602
bev@gourmettravel.com
gourmettravel.com
Culinary tours to Italy and France

VIDEO

Heartvisions Video Productions

Danny Gadd
19132 47th Pl NE
206 300 4139
heartvisionsvideo@yahoo.com
Corporate, commercial, documentary video production

WRITING & EDITING

Elizabeth Chapple

5131 NE 201 Pl
206 417 2861
beth@dellby.com
dellby.com/chapple.htm
Editorial services: copyediting, substantive editing, proofreading, and indexing of book manuscripts, marketing materials, and journal articles

Petals to Protons Technical Writing & Editing

Tina Loucks-Jaret
3751 NE 188th St
206 499 7261
tloucksjaret@petalstoprotons.com
Technical writing and editing — environmental, biological sciences, engineering, etc.

This list includes only the businesses that wished to be included in the 'Directory.' This list is prepared by a volunteer and the City of Lake Forest Park is not responsible for the content.